

Tips for Tying a Headscarf or Turban

Before you start, you may want to watch our video with tips for tying a headscarf:
www.dana-farber.org/Health-Library/Tips-for-Tying-a-Headscarf.aspx

There are three basic folded shapes you will want to know before you learn how to fold a headscarf or wrap a turban: **triangle**, **bias**, and **oblong**:

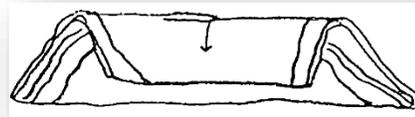
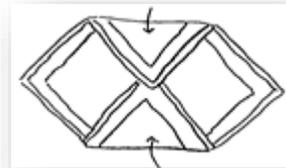
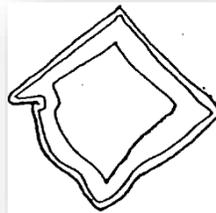
Basic scarf fold: Triangle

Lie scarf flat, then fold one corner over the other to create a triangle.



Basic scarf fold: Bias

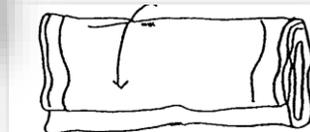
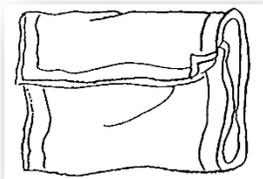
1. Place scarf on a flat surface, with the wrong side up and the point facing toward you.
2. Fold points to meet in the center.
3. Continue to fold ends toward center to achieve desired width.



Basic scarf fold: Oblong

Fold a square into an oblong:

1. Place scarf on flat surface with wrong side up, folding one edge toward you, the opposite edge away from you.
2. Continue folding thus to achieve desired width.



Folding an oblong narrowly:

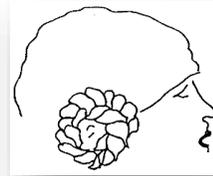
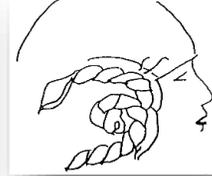
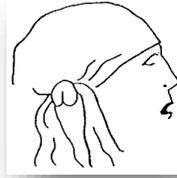
With your scarf on a flat surface, fold opposite edges toward center, continuing to do so until you achieve the desired width.



The Rosette Turban

Use a large square, folded into a **triangle** or an **oblong**.

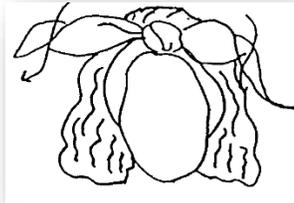
1. Place the scarf on your head with both ends to one ear and knot them.
2. Twist one end tightly, wind it around the knot, and tuck it in. Repeat with the other end.
3. Hold the ends and the rosette in place with bobby pins.



The Open Head Twist

Use an **oblong** or square folded on the **bias**.

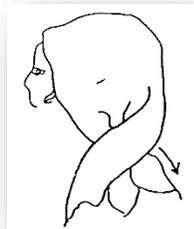
1. Start the scarf at the back of the head, then bring the ends to the front and knot them.
2. Twist the leftover ends and tightly tuck them under at the sides.



The Basic Babushka

Use a large square folded into a **triangle**.

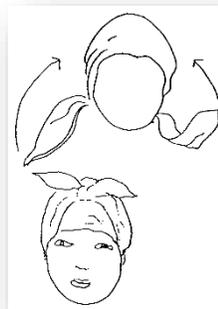
1. Pull the front of the scarf over the forehead and knot the ends over the point of the triangle.
2. Pull the excess from above the knot to achieve a fuller look.



The Sporting Turban

Use a large square folded into a **triangle**.

1. Cross the ends made by the triangle in back, then bring them back to the front.
2. Pull the excess from above the knot to achieve a fuller look.



The Braided Sheik

Tie a large square into a **basic babushka** low over the forehead.

Take three other squares and braid them.

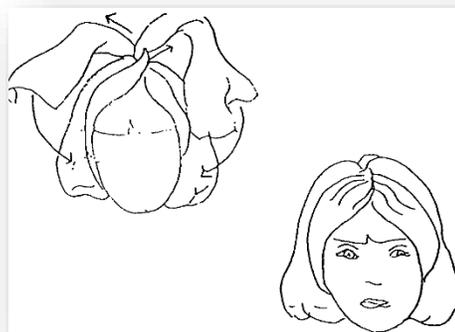
Slide the braid over the babushka and knot it in back.



The Criss-Cross Open Head Turban

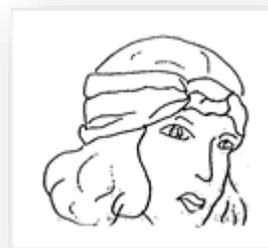
Use a 64-inch **oblong**.

1. Start the wrap of your oblong, shape from the back and twist the ends around each other twice.
2. Bring the ends to the back and either knot them there or tuck them in.



The Windsor Knotted Open Turban

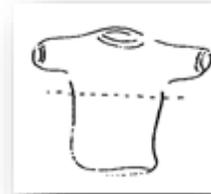
Follow the instructions for the **criss-cross turban**, except windsor knot the ends in front rather than twisting them.



The T-Shirt Wrap

The t-shirt wrap is a great casual option, especially in spring and summer:

1. Just under the sleeves, cut straight across a t-shirt. You now have two pieces: the neck/sleeves (top 1/3 of the shirt) and a fabric "tube" (bottom 2/3).
2. Take the t-shirt hemline of the "tube" and place it centered on your forehead at your hairline.
3. At the back of your head, hold each side of the tube and cross the piece of fabric in the right hand over the left, creating a figure 8.
4. With the fabric crossed, pull the lower half of the figure 8 from the back of your head to the front, creating a halo or headband effect. Tuck in any extra fabric under the twisted band.
5. The final result will look like a cotton turban with a matching headband going around your head. You can also accent the t-shirt wrap with fringe bangs.
6. You can also cut two sleeves off of the top 1/3 of the t-shirt and use them as headbands.



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