



# ADULT SUPPORT GROUPS/PROGRAMS

## 1st Quarter Schedule

### January ♦ February ♦ March 2010

For more information on adult patient/family support groups & programs or to connect with a social worker at Dana-Farber/Brigham & Women's Cancer Center call: (617) 632-3301 or visit: [www.dfci.org/supportgroups](http://www.dfci.org/supportgroups)

**\*\*Please note:** Dates below are only listed through March 2010. Additional meetings may be held in upcoming months\*\*

SUPPORT SERVICE	MEMBERSHIP	FACILITATION	LOCATION, TIME & DATES	CONTACT
<b><u>BEREAVEMENT SUPPORT GROUP: FAMILY</u></b>	Support for family members who are within 1 year of loss.	John Horras, LICSW	Call for details	Registration required. Please call: John Horras (617) 632-5963
<b><u>BEREAVEMENT SUPPORT GROUP: SPOUSE/PARTNER</u></b>	Support for spouses and/or partners who are within 1 year of loss.	Mary Lou Hackett, LICSW	Call for details	Registration required. Please call: Mary Lou Hackett (617) 525-9782
<b><u>BRAIN TUMOR SUPPORT GROUP</u></b>	Support for brain tumor patients and their caregivers	Debra LaFrankie, R.N. Nancy Tharler, LICSW	SHIELDS WARREN Bldg., Room 200 1:00 – 2:30pm • Jan 15  SMITH Bldg., Room 240-241 1:00 – 2:30pm • Feb 5 • Feb 19 • Mar 5 • Mar 19	Registration required. Please call Nancy Tharler, LICSW (617) 632-3634
<b><u>CARCINOID &amp; NEUROENDOCRINE TUMOR SEMINAR/SUPPORT GROUP</u></b>	Two-part sessions offering an informational seminar for patients and families, followed by a support group for patients and a separate concurrent support session for family.	Jane Bausch, LICSW Susan Englander, LICSW	SMITH Building Room 764 12pm – 2pm • Jan 19 • Mar 16	Registration required. Please call: Jane Bausch, LICSW (617) 632-3309

SUPPORT SERVICE	MEMBERSHIP	FACILITATION	LOCATION, TIME & DATES	CONTACT
<b><u>CAREGIVERS SUPPORT GROUP</u></b>	Support for caregivers and family members of cancer patients.	Ruth Cope, Ph.D., LICSW	SMITH Building Room 764 12:00 – 1:30pm • Jan 7 • Feb 4 • Mar 4	Registration required. Please call: Ruth Cope (617) 817-6280
<b><u>CIRCLE OF LIFE: SUPPORT GROUP IN SPANISH FOR WOMEN WITH CANCER</u></b>	Support for Spanish-speaking patients with all cancer diagnoses. Women only.	Magnolia Contreras, MSW Rachel Allende, LICSW	SMITH Building Room 764 10:00am – 11:30am • Jan 12 • Feb 9 • Mar 9	Registration required. Please call: Magnolia Contreras (617) 632-3462
<b><u>LIVING WITH GYNECOLOGIC CANCER SUPPORT GROUP</u></b>	Patients currently diagnosed with gynecologic cancer	Irene Goss-Werner, LICSW	DANA Building Room 1615 6:00–7:30pm • Jan 13 • Feb 10 • Mar 10	Registration required. Please call: Irene Goss-Werner, LICSW (617) 632-5836
<b><u>LUNG CANCER SUPPORT GROUP</u></b>	Open support group for patients being treated for lung cancer.	Allison DiBiaso, LICSW	SMITH Building Room 764 2:00-3:30pm • Jan 11 • Feb 8 • Mar 8	Registration required. Please call: Allison DiBiaso (617) 632-5163
<b><u>MELANOMA SUPPORT GROUP</u></b>	Support group for New England area patients dealing with melanoma	Mary Lou Hackett, LICSW	SMITH Building Room 240-241 5:30–7:00pm • Jan 28 • Feb 25 • Mar 25	Registration required. Please call: Mary Lou Hackett, LICSW (617) 525-9782
<b><u>METASTATIC BREAST SUPPORT GROUP</u></b>	Patients currently diagnosed with metastatic breast cancer	Pat Kartiganer, LICSW	SMITH Building Room 239 10:00–11:30am • Jan 12 • Feb 9 • Mar 9	Registration required. Please call: Pat Kartiganer, LICSW (617) 632-5605
<b><u>M'SORET R'FUAH "A TRADITION OF HEALING"</u></b>	The group engages in lively discussions about the meaning of “healing” using Jewish texts as a wellspring of inspiration. All Hebrew texts are translated into English, no prior knowledge or experience is needed, and people of all faiths are most welcome.	Nate Lamkin, LICSW Rabbi David Paskin	SHIELDS WARREN Bldg. Room 300 12:00 – 1:30pm • Jan 13  DANA Bldg Bldg. Room 1615 12:00 – 1:30pm • Feb 23 • Mar 23	Registration <u>not</u> required. For more information, please call: Nate Lamkin, LICSW (617) 632-4349

<b>SUPPORT SERVICE</b>	<b>MEMBERSHIP</b>	<b>FACILITATION</b>	<b>LOCATION, TIME &amp; DATES</b>	<b>CONTACT</b>
<b><u>MULTIPLE MYELOMA SUPPORT GROUP</u></b>	Support group for patients with multiple myeloma.	Larisa Patacchiola, LICSW	SMITH Building Room 764 2:00-3:30pm • Jan 12 • Feb 9 • Mar 9	Registration required. Please call: Larisa Patacchiola, LICSW (617) 582-7576
<b><u>POST-TRANSPLANT SUPPORT GROUP</u></b>	Support group for patients 1-3 years post allogeneic stem cell transplant	Tammy Weitzman, LICSW Toni Dubeau, R.N.	SMITH Building Room 764 6:00-7:30pm • Jan 5 • Jan 19 • Feb 2 • Feb 16 • Mar 2 • Mar 16	Registration required. Please call: Tammy Weitzman, LICSW (617) 632-4353
<b><u>PROSTATE CANCER SUPPORT GROUP</u></b>	The Prostate Health Education Network focuses on the needs of Black men diagnosed with prostate cancer	Thomas Farrington Jacques Carter, MD	SMITH Building Room 304 5:30-7:30pm • Jan 13 • Feb 10 • Mar 10	For more information, please call: Athene Wilson-Glover (617) 632-4860
<b><u>SARCOMA SUPPORT GROUP</u></b>	Support for patients and family members.	Krista Grew, LICSW Amy Potter, NP	SIELDS WARREN Bldg., Room 300 12:30-1:30pm • Jan 4 • Feb 1 • Mar 8	Registration required. Please call: Krista Grew, LICSW (617) 632-4321
<b><u>WALDENSTRÖM'S MACROGLOBULINEMIA SUPPORT GROUP</u></b>	Open to all WM patients and families in New England regardless of where treatment is received	Patricia Sheehy, ANP-BC, OCN Christopher Patterson	JIMMY FUND Auditorium 5:30-7:30pm • Feb 4	Registration required. Please call: Christopher Patterson (617) 632-6285
<b><u>YOUNG ADULT SUPPORT GROUP</u></b>	Patients ages 18-40 currently in treatment or recently completing treatment. Parents, siblings and partners are invited to participate in a concurrent support session.	Patient Session: Bruce MacDonald, LICSW  Caregivers Session: Alison DiBiaso, LICSW	SMITH Building Room 240-241 5:00 –7:00pm • Feb 17 • Mar 17	Registration required. Alison DiBiaso, LICSW (617) 632-5163
<b><u>YOUNG WOMEN WITH BREAST CANCER PHONE GROUP</u></b>	Telephone support group offered through the Program for Young Women with Breast Cancer. For patients 43 years and younger	Patricia Sheehan, LICSW	For dates and times, please contact Jamie Kennedy at 617-632-3916.	To register or for more information, please call: Jamie Kennedy 617-632-3916

# Londonderry, NH Support Groups

## Winter 2009/2010 Program Schedule

40 Buttrick Road, Londonderry, NH 03053

**Please call 603-552-9134 to register, as space may be limited.**  
**Please note our new times and days for the winter programs.**

PROGRAM	DATE & TIME	DESCRIPTION
<b>Anniversary Celebration</b>	<b>Tuesday Dec. 8</b> <b>10:00am-2:30pm</b>	Our clinic has been open for one year! In celebration we will be having information tables and light refreshments.
<b>Living with Cancer Support Group</b>	<b>Tuesday Dec. 1</b> <b>Tuesday Jan. 5, 2010</b> <b>Tuesday Feb. 2, 2010</b> <b>3:00-4:00 pm</b>	A support group for people living with cancer, including families and caregivers. Come talk with others who are faced with the same challenges. Joyce Austin, MSW, LICSW Kristie Weeks, RN, OCN, CHPN
<b>Finding Meaning and Hope in the New Year</b>	<b>Thursday</b> <b>Jan. 14, 2010</b> <b>1:00-2:00pm</b>	A discussion about tapping into one's spiritual resources. Theresa Bianchi, M. Div. -- Chaplain
<b>*NEW*</b> <b>Time for Spouses, Families and Caregivers</b>	<b>Tuesday</b> <b>Jan 26, 2010</b> <b>4:00-5:00pm</b>	Family members and caregivers often face their own challenges in caring for patients with cancer. Come connect with others whose lives have also been impacted by cancer. Joyce Austin, MSW, LICSW Kristie Weeks, RN, OCN, CHPN
<b>Look Good... Feel Better</b>	<b>Tuesday</b> <b>Feb. 9, 2010</b> <b>2:00-4:00pm</b>	An American Cancer Society (ACS) program for women. Come have fun while you learn beauty tips to help you look and feel better while undergoing cancer treatment. Provided by ACS volunteer beauticians
<b>Fighting Cancer with Your Fork Luncheon</b>	<b>Thursday</b> <b>Feb. 18, 2010</b> <b>12:00-1:30PM</b>	Separating Fact from Fiction: Learn about the role of nutrition and a healthy lifestyle in cancer prevention and survivorship. Includes a question & answer period. Michelle Horan, RD, LD -- Registered Dietitian <b>A light lunch will be served</b>

**For updates and cancellations due to stormy winter weather please call the registration line 603-552-9134**

All above programs are FREE and include light refreshments



at  
Milford Regional Medical Center

## Milford, MA Support Groups

### Winter 2009/2010

### Program Schedule

20 Prospect Street, Milford, MA 01757

PROGRAM	DATE & TIME	DESCRIPTION
<b>Cancer Support Group</b>	<b>Second and Fourth Wednesday of every month 1:00-2:30 pm</b>	A support group for people living with cancer, including families and caregivers. Come talk with others who are faced with the same challenges. Ann Sullivan, LICSW and Adonica Racicot RN <b>Call Ann Sullivan for more information 508-488-3783</b>
<b>Breast Cancer Support Group</b>	<b>To Be Determined</b>	A support group for women who Ann Sullivan LICSW and Mary Beth Proulx RN <b>Call Ann Sullivan for information 508-488-3783</b>
<b>Look Good... Feel Better</b>	<b>Second Wednesday of every month 6:00-8:00 pm</b>	An American Cancer Society (ACS) program for women. Come have fun while you learn beauty tips to help you look and feel better while undergoing cancer treatment. Provided by ACS volunteer beauticians <b>Call Christine Mort to register 508-488-3704</b>
<b>Cancer Care 101</b>	<b>Second Friday of every month 3:00-4:00 pm</b>	An overview of the DF/BW Cancer Center at Milford Presented by the Patient Support Staff to familiarize you with the services and resources available. <b>Call Ann Sullivan for more information 508-488-3787</b>
<b>Bereavement Support Group</b>	<b>Second Monday of every month 7:00-8:30 pm</b>	A support group for those who have experienced the loss of a loved-one to cancer to join with others to explore ways to cope with loss and grief and to support one another. <b>Call Marjorie Gonzalez LICSW for more information 508-473-1190 extension 3119</b>
<b>Head and Neck Cancer Support Group</b>	<b>Third Wednesday of every month 1:30 -2:30 pm</b>	A support group for patients and families to facilitate coping with the changes in lifestyle, in work and in relationships this diagnosis and treatment creates. Ann Sullivan LICSW and Martha Savino RN <b>Call Ann Sullivan for more information 508-488-3783</b>

All programs are FREE



## **ADDITIONAL ADULT PATIENT/FAMILY SUPPORT PROGRAMS**

*Department of Care Coordination*

### **Family Connections Program: *For Parents with Cancer***

Provides supportive resources to adult patients who are parents, addressing their needs as parents and those of their young, school age, and/or teenaged children. Age-appropriate information is available through various materials, including:

- Parent information binder for adult patients/adults in the family
- Age-based packs for children/teens of patients
- Grief packets
- Additional information, resources and special events

For more information, please contact an Oncology Social Worker (617 – 632 – 3301) or Program Coordinators at (617) 632-4020 or (617) 632-4235

**Visit:** [www.dfci.org/familyconnections](http://www.dfci.org/familyconnections)

### **One-to-One: *Connecting with Someone Who's Been There***

One-to-One is a volunteer support network supporting patients and families at the Dana-Farber/Brigham and Woman's Cancer Center. One-to-One brings together, via telephone, those who have experienced the complex issues surrounding high-risk cancer, diagnosis and treatment with current patients, partners, and family members. For more information, contact an Oncology Social Worker or Program Coordinator:

Jessiaha Adamopoulos (617) 632-4020

**Visit:** [www.dfci.org/onetoone](http://www.dfci.org/onetoone)

### **Light One Little Candle: *Connecting through Reading***

New children's books (for children ages 13 and under) are available to adult patients who would like to share these books with their children. The books are donated through a partnership with the Light One Little Candle Foundation and the Family Connections program.

These children's books are free and currently available in the **Blum Resource Center**, in the Dana Building main lobby at 44 Binney Street at the Dana-Farber Cancer Institute and, are also available to adult cancer patients at the Brigham and Women's Hospital in the **Kessler Library** in the main lobby of the 75 Francis Street entrance and with the DFCI social workers at **Faulkner Hospital, Dana-Farber/New Hampshire Oncology-Hematology, Milford Regional Hospital, and DFBWCC at South Shore Hospital**.

For more information, please contact an Oncology Social Worker (617-632-3301) or the Program Coordinator: (617) 632-4235.

**Visit:** [www.lightonelittlecandle.org](http://www.lightonelittlecandle.org)

### **General Information**

- All support groups/programs are free of charge and parking is provided.
- Light snacks are available for group sessions.
- Unless otherwise noted\*, offerings are primarily focused on adult patients/families at the Dana-Farber/Brigham and Women's Cancer Center and satellites.
- For additional information, including referrals for an oncology social worker please call the Department of Care Coordination (social work): (617) 632-3301