About Your Care

www.dana-farber.org/londonderry
Welcome to Dana-Farber/New Hampshire Oncology-Hematology (DF/NHOH), a collaboration between Dana-Farber Cancer Institute (DFCI), New England’s leading cancer center, and New Hampshire Oncology-Hematology (NHOH), one of New Hampshire’s leading oncology groups.

In addition to quality cancer care, DF/NHOH gives you access to a variety of programs and resources to help you and your family cope with your illness and enhance your quality of life.

**Interpreters** can be arranged for you in our clinic.

Notre clinique peut vous fournir des services d’interprètes.

Podemos hacer los arreglos necesarios para ofrecerle un intérprete en nuestra clínica.

يمكننا توفير مترجمين لjęلكم من خلال عيادتنا.
Your Care Team

A team of professionals work together, with you and behind the scenes, to care for you at DF/NHOH. Depending on your diagnosis and needs, your team may include a medical oncologist, physician assistant, nurse, social worker, chaplain, dietitian, and a pharmacist. All of these professionals, as well as practice coordinators, medical assistants, and volunteers, are dedicated to delivering care and support through a coordinated treatment plan that meets your individual needs.
Clinical Services

Medical Oncology

In the Dana-Farber medical oncology care and infusion unit, you will have checkups with your medical oncologist or a physician assistant who specializes in cancer. You may also see an oncology nurse for infusion services, including chemotherapy, which can help eliminate cancer cells or prevent them from multiplying in your body.

You may receive your infusion in private or semi-private “bays.” Sessions last from one to several hours and are generally given at one- to three-week intervals. To learn more about chemotherapy and what to expect, visit www.dana-farber.org/chemotherapy.

Dana-Farber/New Hampshire Oncology-Hematology in
Londonderry is a QOPI® Certified Practice. Certification by the QOPI Certification Program is an acknowledgment that this practice meets certain defined quality and safety standards in the administration of cancer care.

Genetic Counseling
The genetic counseling program at DF/NHOH can help guide a personalized approach to treatment, and identify your risk of developing other cancers. Our team can also help individuals with a family history of cancer better assess their cancer risk. To learn more or make an appointment, call 603-552-9100.

Clinical Trials
As a Dana-Farber patient, you may have a chance to participate in a clinical trial through Dana-Farber/Harvard Cancer Center here in Londonderry. A clinical trial is a research study that tests the safety and effectiveness of new therapies, looks at new ways to give treatment, finds out how lifestyle changes can help cancer patients, or explores methods to keep cancer from reoccurring. For more information, speak to your oncologist or visit www.dana-farber.org/clinicaltrials.
Nutrition Counseling

Nutrition plays an important role in your cancer treatment and in your health as a survivor. The registered dietitian at DF/NHOH, experienced in the care of patients with cancer, will work with you to design a healthful diet that can support your overall well-being and energy level, and help you manage the side effects of treatment. For more information on the connection between cancer and nutrition, visit www.dana-farber.org/nutrition.

Dana-Farber also offers a free “Ask the Nutritionist” smartphone app designed to help you plan healthy meals, and find foods and tips that may help manage the side effects of cancer. To download the app, visit www.dana-farber.org/nutritionapp.

Second Opinions

Dana-Farber specialists regularly offer second opinion clinics for Londonderry patients seeking additional discussion of their diagnosis or treatment plan. If you are interested in hearing a second opinion, ask your oncologist for more information.

Survivorship

The cancer experience touches every aspect of your life – and that experience stays with you even after you’ve completed treatment. Our experts understand the need for comprehensive health care for survivors, who have unique medical and psychosocial needs. Our Adult Survivorship Program regularly offers clinics to help
survivors identify these needs, and manage potential long-term or late effects of treatment. Talk with your oncologist or learn more about survivorship by visiting www.dana-farber.org/survivor.

If You Are Hospitalized
We offer outpatient treatment, which means you come in for your appointment and return home the same day.
If you need to be admitted for inpatient care, you and your physician can choose the hospital that best suits your needs.

Support and Counseling

Social Work
Our social worker helps patients and families cope with the emotional aspects of cancer treatment, as well as practical issues, by identifying community resources such as support groups, transportation, financial assistance programs, and disability benefits. To make an appointment with the social worker, please call 603-552-9100.

Spiritual Care
Spirituality or faith may be a source of strength or comfort to you and your loved ones during your illness. Our chaplain can listen to your concerns, and offer support and guidance throughout treatment.

Support Programs
DF/NHOH offers a variety of support groups and programs, including the Living with Cancer Support Group, and special programs on the financial impact of cancer, healthy eating, and exercise. For information on upcoming events or to register for a program, please call 603-552-9134 or visit www.dana-farber.org/londonderry.
Patient Services

Resource Area
The Resource Area at DF/NHOH offers a variety of materials on cancer topics, free informational brochures, and books you can borrow to guide you through your experience with cancer. The clinic also has online movies and DVDs available for patients during treatment.

Financial Counselor
Our financial counselor is available to help you better understand your insurance coverage and payment responsibilities. If you haven’t done so already, please contact your insurance company to make sure your services are covered. If you do not have health insurance, you can discuss financial assistance or payment options with our financial counselor.

Nutrition Area
The DF/NHOH clinic is equipped with a nutrition area with breakfast and lunch items, as well as snacks and hot and cold beverages, for patients to enjoy while undergoing treatment.

Accessibility
Our clinic is fully wheelchair accessible and easy to navigate for patients with disabilities. If you have a question about accessibility for yourself or a loved one, please call 603-552-9100.
We’re here for you

We understand that a diagnosis of cancer or a related disease can be difficult for you and your family. Our experts will work with you to promote the wellness of your mind and body. Be assured that any time you have questions, you can ask a member of our care team.

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Printed January 2014