How drug is given: by vein (IV)

Purpose: to kill cancer cells in brain tumors, multiple myeloma, Hodgkin lymphoma, and Non-Hodgkin lymphoma

Things that may occur during or within hours of treatment

1. Facial flushing (warmth or redness of the face), itching, or a skin rash could occur after taking carmustine. These symptoms are due to an allergic response and should be reported to your doctor or nurse right away.

2. You may have nausea, vomiting, and/or loss of appetite. Nausea and vomiting may begin one to three hours after the drug is given and may last more than 24 hours. Drugs to help you with this will be given.

3. If the drug leaks out of the vein into the tissue while it is being given, it can cause harm. This is called extravasation. If you feel any burning or tingling in the area of your IV, please tell your nurse right away.

   Swelling, redness, blisters or bruising around the area of the IV or port may occur one or two weeks after getting this drug. Call your doctor or nurse immediately if you experience any of these symptoms.

Things that may occur a few days to weeks later

1. Your blood cell counts may drop. This is known as bone marrow suppression. This includes a decrease in your:
   - Red blood cells, which carry oxygen in your body to help give you energy
   - White blood cells, which fight infection in your body
   - Platelets, which help clot the blood to stop bleeding

   This may happen 7 to 14 days after the drug is given and the blood counts should return to normal. If you have a fever of 100.5°F (39°C) or higher, chills, a cough, or any bleeding problems, tell your doctor or nurse right away.
2. Skin changes, such as skin turning a darker color, can happen. There may be redness and pain over areas where you have gotten radiation therapy. Sunlight may cause your skin to burn easier so use a sunscreen of SPF 30 or greater when you go outside. Do not go to tanning booths.

3. Some or all of your hair may fall out around 3 to 4 weeks after treatment starts. You may lose hair on your head as well as facial and body hair. You may want to buy a wig before hair loss begins. Hair may grow back during treatment.

Things that may occur after treatment ends (even months to years later)

1. Fertility:
   - It is still very important to use birth control if you are having sex, because this drug could hurt an unborn baby.
   - Men may become sterile and may want to think about sperm banking prior to chemotherapy.
   - For women, your period (menstrual cycle) may not be regular for a while or may stop completely and you may not be able to get pregnant.
   - If you are concerned about any of this, please talk with your doctor or nurse.

2. Rarely, you may have changes in your eyesight.

The above information includes some, but not necessarily all, of the possible side effects of this medication. The side effects in this teaching sheet may not be the same ones you experience. Your side effects may be different, depending on how often you receive treatment (your schedule) and how much you receive each time (your dosage). Side effects may also vary if you take other medications. Please talk with your doctor or nurse if you have questions about possible side effects you may experience. This document should not take the place of conversations with members of your health care team.

If you experience any significant change in your health during or after treatment, contact a member of your health care team right away.

THIS SPACE RESERVED FOR WRITTEN COMMENTS OR NOTES FOR THE PATIENT AND FAMILY: