Lomustine (CeeNu®)  
(“LOW muss teen”)

How this drug is given: By mouth

Purpose: To kill cancer cells in brain cancer, Hodgkin’s disease, and other cancers

How to take the drug by mouth

• Take on an empty stomach with a full glass of water.

• If you miss a dose, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not double dose.

• Swallow each capsule whole; do not open or chew them. If you are unable to swallow the capsule, the pharmacist will give you specific instructions.

Storage

• Store this medicine at room temperature, away from heat. Keep this medicine in its original container, out of the reach of children or pets.

Things that may occur during treatment

1. You may have nausea, vomiting, and/or loss of appetite. Nausea and vomiting may begin one to three hours after the drug is given and may last more than 24 hours. Drugs to help you with this will be given.

2. Your blood cell counts may drop. This is known as bone marrow suppression. This includes a decrease in your:
   • Red blood cells, which carry oxygen in your body to help give you energy
   • White blood cells, which fight infection in your body
   • Platelets, which help clot the blood to stop bleeding

   If you have a fever of 100.5°F (39°C) or higher, chills, a cough, or any bleeding problems, tell your doctor or nurse right away.
3. You may get mouth sores 7 to 10 days after this drug is started. It is important to keep your mouth clean. A soft-bristle toothbrush should be used for brushing your teeth. You may have a burning feeling and redness inside the mouth or on the lips. Use a baking soda mouth rinse 4 or 5 times a day.

### Mouth Rinse Recipe:
Mix: 1 tsp salt or baking soda with 8 oz. glass of water

Other mouth rinses may be ordered by your doctor. Do not use mouth washes that have alcohol in them because they will dry out the mouth. If you cannot eat or swallow because of this, let your doctor

4. Some or all of your hair may fall out around 3 to 4 weeks after treatment starts. You may lose hair on your head as well as facial and body hair. You may want to buy a wig before hair loss begins. Hair may grow back during treatment.

5. It is very important to use birth control if you are having sex, because this drug could be harmful to an unborn baby. Women should not breast-feed while receiving lomustine. If you are concerned about any of this, please talk with your doctor or nurse.

*The above information includes some, but not necessarily all, of the possible side effects of this medication. The side effects in this teaching sheet may not be the same ones you experience. Your side effects may be different, depending on how often you receive treatment (your schedule) and how much you receive each time (your dosage). Side effects may also vary if you take other medications. Please talk with your doctor or nurse if you have questions about possible side effects you may experience. This document should not take the place of conversations with members of your health care team.*

*If you experience any significant change in your health during or after treatment, contact a member of your health care team right away.*

Managing your oral chemotherapy schedule at home can be challenging. To help you with this, consider using tools to help you keep track of your schedule and any side effects you may have. You can find these tools online at [www.dana-farber.org/OralChemoDiary](http://www.dana-farber.org/OralChemoDiary).

THIS SPACE RESERVED FOR WRITTEN COMMENTS OR NOTES FOR THE PATIENT AND FAMILY: