Regorafenib (Stivarga®)
(“re goe RAF e nib”)

How drug is given: by mouth

Purpose: To treat metastatic colorectal cancer and other cancers

How to take the drug by mouth

• Take this medicine at the same time every day. It is best to take it with a low-fat breakfast.

• Swallow each tablet whole; do not crush or chew them. If you have trouble swallowing the tablet, the pharmacist will give you specific instructions.

• If you miss a dose, take it as soon as possible. Do not take two doses of regorafenib on the same day.

• Do not drink grapefruit juice or eat grapefruit. Also, do not take St. John’s wort. Consuming these may increase the amount of medication in your body and worsen side effects.

Storage

• Store this medicine at room temperature, away from heat and moisture.

Things that may occur during treatment

1. Your blood pressure may go up. If this happens, you may be given medicine to help with this. If you have headaches or dizziness, let your doctor or nurse know right away.

2. The palms of your hands or the soles of your feet may become red and painful. This is called hand-foot syndrome. Tingling and peeling of the skin may occur. Avoid tight fitting shoes. Use thick (moisturizing) creams on hands and feet.

3. Your blood cell counts may drop. This is known as bone marrow suppression. This includes a decrease in your:
   • Red blood cells, which carry oxygen in your body to help give you energy
   • Platelets, which help clot the blood to stop bleeding

If you have a fever of 100.5°F (38°C) or higher, chills, a cough, or any bleeding problems, tell your doctor or nurse right away.
4. You may have an increased risk of bleeding events. Please call your doctor or nurse right away if you are feeling new or sudden dizziness, light-headedness or feel like you are passing out.

5. Some patients may feel very tired, also known as fatigue. You may need to rest or take naps more often. Mild to moderate exercise can also be helpful in maintaining your energy.

6. Loose stools or diarrhea may occur within a few days after the drug is started. Contact your physician if diarrhea persists.

7. Wounds you have may heal more slowly than normal. If you notice changes in any surgical wounds, please talk to your doctor or nurse.

8. You may get mouth pain. You may have a burning feeling and redness inside the mouth or on the lips. Mouth rinses may be ordered by your doctor. Check with your doctor before having any dental work done.

9. In rare cases, a special problem with the nerves called reversible posterior leukoencephalopathy syndrome (RPLS) may occur. Patients may have a headache, feel sleepy or confused, have a change in eyesight, seizures, or other problems. This will usually get better or completely go away but some patients may continue to have some problems.

10. Fertility and Related Precautions:
   - It is very important to use birth control if you are having sex, because this drug could be harmful to an unborn baby.
   - Women should not breast-feed while receiving this drug.
   - If you are concerned about any of this, please talk to your doctor or nurse.

The above information includes some, but not necessarily all, of the possible side effects of this medication. The side effects in this teaching sheet may not be the same ones you experience. Your side effects may be different, depending on how often you receive treatment (your schedule) and how much you receive each time (your dosage). Side effects may also vary if you take other medications. Please talk with your doctor or nurse if you have questions about possible side effects you may experience. This document should not take the place of conversations with members of your health care team.

If you experience any significant change in your health during or after treatment, contact a member of your health care team right away.

Managing your oral chemotherapy schedule at home can be challenging. To help you with this, consider using tools to help you keep track of your schedule and any side effects you may have. You can find these tools online at www.dana-farber.org/OralChemoDiary.