**Blum Resource Center**  
**April 2020 Programming on Zoom**

<table>
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<th>WORKSHOPS AND EDUCATIONAL PROGRAMS</th>
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<td><strong>Spirituality and Cancer Workshop Series:</strong></td>
<td>Wednesdays, 11 to 12:00 p.m.</td>
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| Led by Dana-Farber’s Chaplain, Yaroslav Nalysnyk, MD, this group series addresses the important role of spirituality in coping with cancer. | April 8  
April 15  
April 22  
April 29 |
| **Zoom Information:** |  
For Audio Call In: 1-929-205-6099  
Meeting URL: [https://dfci.zoom.us/j/732654485](https://dfci.zoom.us/j/732654485)  
Meeting ID: 732 654 485 |
| **Managing Your Finances After Cancer Treatment:** | Wednesday April 22nd 12pm to 1pm |
| Led by Rick Fingerman CFP®, CDFA®, CCFS™, a certified financial planner practitioner based in Newton who also serves as the liaison to Dana-Farber's pro-bono financial coaching program. Learn the steps to "help" reduce financial stress. |  
**Zoom Information:**  
For Audio Call In: 1-929-205-6099  
Meeting URL: [https://dfci.zoom.us/j/223474449](https://dfci.zoom.us/j/223474449)  
Meeting ID: 223 474 449 |
| **Step 1: Help with Insomnia After Cancer Treatment:** | Thursday April 30th 11am to 12:30pm |
| Led by Christopher Recklitis, PhD, MPH; Perini Family Survivors’ Center, STEP-1 is a one-session educational program that helps patients make changes to their lifestyle, sleep habits, and sleep environment. This workshop helps participants to create a sleep plan. |  
**Zoom Information:**  
For Audio Call In: 1-929-205-6099  
Meeting URL: [https://dfci.zoom.us/j/140466067](https://dfci.zoom.us/j/140466067)  
Meeting ID: 140 466 067 |

The Eleanor and Maxwell Blum Patient and Family Resource Center is temporarily closed due to COVID-19 precautions. We hope that you will be able to join us for some of our digital programming. Please let us know if you have any specific resource needs or questions by emailing Blum_Center@DFCI.Harvard.edu.

For help connecting with a resource specialist to discuss assistance with short term accommodations or transportation to appointments please call 617-632-3301.