<table>
<thead>
<tr>
<th>WORKSHOPS AND EDUCATIONAL PROGRAMS</th>
<th>WHEN</th>
<th>Zoom Information:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Spirituality and Cancer Workshop Series:</strong></td>
<td>Wednesdays, 11 to 12:00 p.m.</td>
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</tbody>
</table>
| Led by Dana-Farber’s Chaplain, Yaroslav Nalysnyk, MD, this group series addresses the important role of spirituality in coping with cancer. | **September 9th**  
**September 16th**  
**September 23rd**  
**September 30th** | [Click here to Join](#)  
Passcode: 123456 |
| **Patient Gateway Tutorial** | Monday |  |
| Mass General Brigham Patient Gateway is one of the best ways to communicate with your doctor, access your test results and stay connected. Join this session to walk through patient gateway with our IS team. | **September 14th**  
11am-12pm | [Click here to join](#)  
Passcode: 123456 |
| **Living Through and Beyond Cancer, Survivorship 101** | Thursday |  |
| Led by Dr. Ann Partridge this workshop will address what survivorship means and the major areas of cancer survivorship care, including monitoring for recurrence/surveillance, management of long-term and late effects of cancer treatments, health behaviors, and coordination of survivor care. She will also outline the many services and programs available to all DFCI patients who have completed their cancer treatment. | **September 17th**  
11am-12pm | [Click here to join](#)  
Passcode: 123456 |
| **Managing Your Finances During Cancer Treatment** | Wednesday |  |
| Led by Rick Fingerman CFP®, CDFA®, CCFS™, a certified financial planner practitioner based in Newton who also serves as the liaison to Dana-Farber’s pro-bono financial coaching program. Learn the steps to "help" reduce financial stress. | **September 23rd**  
12pm-1pm | [Click here to join](#)  
Passcode: 123456 |
| **Step 1: Help with Insomnia After Cancer Treatment** | Thursday |  |
| Led by Christopher Recklitis, PhD, MPH; Perini Family Survivors’ Center, STEP-1 is a one session educational program that helps patients make changes to their lifestyle, sleep habits, and sleep environment. | **September 24th**  
11am-12:30pm | [Click here to join](#)  
Passcode: 123456 |
The Eleanor and Maxwell Blum Patient and Family Resource Center is temporarily closed due to COVID-19 precautions. We hope that you will be able to join us for some of our digital programming.

Please let us know if you have any specific resource needs or questions by emailing Blum_Center@DFCI.Harvard.edu. For help connecting with a resource specialist to discuss assistance with short term accommodations or transportation to appointments please call 617-632-3301

Zakim Center Digital Programming

We would also like to encourage you to join the Zakim Center’s Online Programs. Please see below for a link to their program calendar.

Click Here: Zakim Center Program Calendar

Click Here: Pre-Recorded Group Programming on Youtube