



ADULT SUPPORT GROUPS/PROGRAMS
Division of Social Work, 1st Quarter Schedule
January – February - March 2020

For more information on adult patient/family support groups & programs or to connect with a social worker at Dana-Farber Cancer Institute, call: **617-632-4235** or visit www.dfci.org/supportgroups

****Please note:** Dates below are only listed through March 2020. Additional meetings are held in upcoming months**

SUPPORT SERVICE	MEMBERSHIP	FACILITATION	LOCATION, TIME & DATES	CONTACT
BEREAVEMENT SEMINAR: WHEN GRIEF IS NEW	A seminar for adults whose loved ones were patients of Dana-Farber Cancer Institute, or any Dana-Farber affiliated satellite clinics.	Sue Morris, Director of Bereavement Services	Call for Details	Registration required. Call the Bereavement Program: 617-632-2490
BEREAVEMENT SUPPORT GROUP	Six-week group programs and drop-in groups are available for adults whose loved ones were patients of DFCI, or any Dana-Farber affiliated satellite clinics.	Sue Morris, Director of Bereavement Services	Call for Details	For Support Group Information Please Call for Details: 617-632-2490
BRAIN TUMOR SUPPORT GROUP	Bringing patients and caregivers together to share experiences, feelings and challenges associated with brain tumors.	Debra LaFrankie, RN, OCN Ben Peirce, LCSW	SMITH Bldg, Room 330 1:30 – 3:00pm <ul style="list-style-type: none">• January 27• February 24• March 23	Registration required. Call Ben Peirce: 617-632-4236
CAREGIVER SUPPORT GROUP	Support for spouses, partners or family members of cancer patients.	Ruth Cope, Ph.D., LICSW	<u>Day Group</u> 12:00-1:30 pm <ul style="list-style-type: none">• January 9• February 6• March 5 <u>Evening Group</u> 6:00-7:30pm <ul style="list-style-type: none">• January 21• February 18• March 17	Registration required. Call Ruth Cope: 617-817-6280
CIRCLE OF LIFE (CÍRCULO DE VIDA): SUPPORT GROUP IN SPANISH FOR WOMEN WITH CANCER	Support for Spanish-speaking patients with all cancer diagnoses. Women only.	Rachel Allende, LICSW	SMITH Bldg, Room 330 10:00 – 11:30am <ul style="list-style-type: none">• January 14• February 11• March 10	Registration requested. Call Rachel Allende: 617-582-7339

SUPPORT SERVICE	MEMBERSHIP	FACILITATION	LOCATION, TIME & DATES	CONTACT
GYNECOLOGIC CANCER SUPPORT GROUP	An open support group for patients who have been diagnosed with gynecologic cancer.	Bebe Nixon, LICSW	SMITH Bldg, Room 330 5:00 – 6:30 pm • January 13 • February 10 • March 9	Registration required. Call Bebe Nixon: 617-582-7578
INFLAMMATORY BREAST CANCER SUPPORT GROUP	The IBC support group will be run with a psychoeducation focus; each session will feature a DFCI clinician who will speak about IBC in a supportive setting with open discussion.	Julie Salinger, LICSW	Call for Details	For more information contact Julie Salinger: 617-582-8081 julieL_salinger@dfci.harvard.edu
KIDNEY CANCER SUPPORT GROUP	Kidney cancer patients in active treatment or those who have recently completed treatment. Partners/spouses welcome.	Angelee Russ-Carbin, LICSW	SMITH Bldg, Room 335 11:00 am – 12:30 pm • January 28 • February 25 • March 24	Registration required. Call Angelee Russ-Carbin: 617-632-3862 Angelee_RussCarbin@dfci.harvard.edu
LYMPHOMA/CLL SUPPORT GROUP	A group for patients diagnosed with lymphoma or CLL. This is a chance to meet others, share experiences, comfort and support.	Kelly Giles, LICSW	SMITH Bldg, Room 330 12:00 – 1:00pm • January 22 • February 26 • March 25	Registration required. Call Kelly Giles: 617-632-5963
MEN OVER 50 CANCER SUPPORT GROUP	This is a patient-only support group for men over 50 in treatment for advanced prostate cancer.	Bruce MacDonald, LICSW	Call for Details	Registration required. Email Bruce MacDonald: bmacdonald1@partners.org
MULTIPLE MYELOMA EDUCATION AND DISCUSSION GROUP	A two-part session: a presentation by a member of Dana-Farber’s Multiple Myeloma team, followed by separate patient & caregiver discussion groups.	Larisa Patacchiola, LICSW Christina Palis, LCSW	Dana 1620 5:30-7:00pm • January 8 • February 12 • March 11	Registration required. Call Larisa Patacchiola: 617-582-7576 Christina Palis: 617-582-7284

SUPPORT SERVICE	MEMBERSHIP	FACILITATION	LOCATION, TIME & DATES	CONTACT
NEUROENDOCRINE & CARCINOID SEMINAR/SUPPORT GROUP SERIES	2-part session offering an informational seminar for patients & families followed by a support group for patients and a separate concurrent family group.	Jane Bausch, LICSW Tricia Hughes, LICSW	SMITH Bldg, Room 330 12:00 – 2:00pm <ul style="list-style-type: none">• January 21• March 17	Registration required. Call Jane Bausch: 617-632-3309
ONE YEAR POST-BONE MARROW TRANSPLANT SUPPORT GROUP	A monthly support and education group for DFCI patients who have completed their one-year recovery from bone marrow transplant.	Holly Barron, LICSW Jen Brock, RN, BSN, OCN	SMITH Bldg, Room 330 5:30-7:00pm <ul style="list-style-type: none">• January 8• February 12• March 11	Registration required, Call Holly Barron 617-632-4353
PROSTATE CANCER SUPPORT GROUP	The Prostate Health Education Network focuses on the needs of Black men diagnosed with prostate cancer.	Thomas Farrington Jacques Carter, MD	SMITH Bldg, Room 308/309 5:30-7:30pm <ul style="list-style-type: none">• January 8• February 12• March 11	For more information, call Kristin Hughes: 617-632-4433
SARCOMA SUPPORT GROUP	This group aims to provide mutual support and education for sarcoma patients and their loved ones and foster connections to decrease feelings of isolation.	Bobbi Allison, LICSW	SMITH Bldg, Room 335 12:30-1:30pm <ul style="list-style-type: none">• January 27• February 24• March 23	Registration required. Call Bobbi Allison: 617-632-3682
STAGE IV BREAST CANCER SUPPORT GROUP	An opportunity for those with stage IV (metastatic) breast cancer to share emotional support.	Liz Farrell, LICSW Fremonta Meyer, MD	Call for Details	Registration Required. Call 617-632-5606
TOP TALKS (THORACIC ONCOLOGY PROGRAM)	Learn from and engage with experts on topics specifically tailored for Thoracic Oncology patients and their loved ones. Talks are followed by discussion among peers.	Suzanne O'Regan, LICSW Sydney Appelbaum, LCSW	Smith Bldg, Room 330 12:30 pm – 2:30 pm <ul style="list-style-type: none">• January 2• February 5• March 6	Registration Required. Call Sydney Appelbaum: 617-582-8772
THYROID CANCER CENTER EDUCATION AND SUPPORT GROUP	A quarterly series devoted to patients and families affected by Thyroid cancer. A 2-part session offering an informational presentation follow by discussion to share and network with others.	Irene Goss-Werner, LICSW Tura Coombs, BSN, RN	SMITH Bldg, Room 330 <ul style="list-style-type: none">• January 22	Registration Required. Call Irene Goss-Werner 617-632-5836

SUPPORT SERVICE	Membership	FACILITATION	LOCATION, TIME & DATES	CONTACT
WALDENSTRÖM'S MACROGLOBULINEMIA PEER SUPPORT FORUM	Open to all WM patients and families in New England regardless of where treatment is received.	Catherine Flynn, NP Christopher Patterson	YAWKEY Bldg, Room 307 1:00 pm – 3:30 pm • March 22	Registration is required. Call Chris Patterson: 617-632-6285
WHAT NOW? NOW WHAT? NAVIGATING NEXT STEPS AFTER ACTIVE CANCER TREATMENT	For DFCI patients having completed active treatment within the past 60 days	Michelle Jacobo, PhD Tricia Hughes, LICSW	Call for details	Registration is required. Call Tricia Hughes: 617-582-8491
YOUNG ADULT SUPPORT GROUP	This group is open to patients in their 20's and 30's who are in treatment or recently out of treatment; a close support person (partner, relative, friend) is welcome to join. The group meets only when 5 or more people commit to attend. A reminder email is sent a couple days before the group meeting date.	Bruce MacDonald, LICSW Molly Williamson, LICSW	SMITH Bldg. Room 330 5:30 pm –7:00pm Thursday sessions • January 9 • February 13 • March 12 <hr/> YAWKEY Bldg. Room 308 5:30 pm –7:00pm Wednesday sessions • January 22 * • February 26 • March 25 January 22 nd session will be held in Smith 335.	Registration is required. For information about, or to RSVP for the Thursday Group, please email Molly Williamson at molly_williamson@dfci.harvard.edu To RSVP for the Wednesday Group, please contact Bruce at bmacdonald1@partners.org
YOUNG WOMEN WITH BREAST CANCER TELEPHONE SUPPORT GROUP	Telephone support group offered through the Program for Young Women w/ Breast Cancer. For patients 45 years and younger.	Angelee Russ-Carbin, LICSW	Call for Details	Registration required. Call Kathryn Rigby: 617-632-3916



at
Milford Regional Medical Center

Milford, MA Support Groups
Winter 2020 Programs
20 Prospect Street, Milford, MA 01757
 All programs are held in the 2nd floor conf. room
 All Programs are FREE

PROGRAM	DATE & TIME	DESCRIPTION
Coping with Cancer Support Group	Second Tuesday of every month 2:00 – 3:00 pm <ul style="list-style-type: none"> • January 14 • February 11 • March 10 	A support group for men and women living with cancer. Discuss ways to cope with fear and anxiety and share hope and meaning with others facing similar challenges. Call Mellissa Rearick, LICSW for more information at 508-488-3783. Registration not required. Family members are welcome.
Breast Cancer Support Group	Second Wednesday of every month 4:30 – 5:30 pm <ul style="list-style-type: none"> • January 8 • February 12 • March 11 	An opportunity for women who would like to meet with others to explore ways to cope with their diagnosis and its effect on their lives through education and support. Facilitated by Mellissa Rearick, LICSW and MaryBeth Proulx, RN. Call Mary Beth Proulx to register 508-488-3725.
Caring for the Caregiver	Second Tuesday of every month 4:30 – 5:30 pm <ul style="list-style-type: none"> • January 14 • February 11 • March 10 	This is a support group for those who have a loved one or friend with cancer. The program will provide practical information to support you in your role as a caregiver as well as offer an opportunity to meet and gain support from others coping with similar issues. Call Marie Morgan, LICSW to register 508-488-3717.
Esophageal Support Group	Third Tuesday of every month 2:00 – 3:00pm <ul style="list-style-type: none"> • January 21 • February 18 • March 17 	Patients with esophageal cancer are invited to join in a discussion of common challenges during treatment and survivorship. Family members are welcome. For more information and to register please call Marie Morgan, LICSW 508-488-3717.

Londonderry, NH
Winter 2020 Programs
40 Buttrick Rd., Londonderry, NH

PROGRAM	DATE & TIME	DESCRIPTION
Living with Cancer	Third Thursday of every month 1:00 pm – 2:00 pm <ul style="list-style-type: none"> • January 23* • February 20 • March 19 *January’s session will be held on the fourth Thursday.	A support group for people who have cancer as well as their families and caregivers. Come talk with others who are faced with the same challenges. Call Erin Solomon: 603-552-9119

All the above programs are held in the 1st floor conference room.



in clinical affiliation with

South Shore Hospital

South Shore Hospital, Weymouth, MA

Winter 2020 Programs

101 Columbian St., South Weymouth, MA 02190

All programs are free.

Free parking available in adjacent garage.

PROGRAM	DATE & TIME	DESCRIPTION
<p>PROSTATE CANCER SUPPORT GROUP</p>	<p>2nd Wednesday of the month from 6:30-8:00pm</p> <ul style="list-style-type: none"> • January 8 • February 12 • March 11 • April 8 	<p>This is an opportunity for men with prostate cancer to share experiences, information and resources. Facilitated by: Michael Gutierrez, Clinical Social Worker. Please call 781-624-4793 for more information.</p>
<p>ARTFUL HEALING</p>	<p>Meets from 1:30 pm – 3:00 pm</p> <ul style="list-style-type: none"> • January 20 • February 10 • March 9 • April 13 	<p>Please join us for a NEW workshop as we explore how the creative arts can give us another voice. Discover how the arts can calm, uplift our spirits and promote healing. Please call to register @ 781-624-4793.</p>
<p>WOMEN'S HEALTH KEY (KEEP EDUCATING YOURSELF)</p>	<p>4th Thursday of the month from 6:00pm to 7:30pm</p> <ul style="list-style-type: none"> • January 23 • February 27 • March 25* • April 23 <p>*March's session will be held on a Wednesday</p>	<p>We have had tremendous success with the educational component of our group and I look forward to continuing said success. Our new name reflects our focus on the value of empowering women through education and knowledge surrounding health care. For more information, please call: 781-624-4793</p>

All the above programs are held in the 1st floor conference room unless otherwise noted. Free parking is available in adjacent garage.



St. Elizabeth's Medical Center
Winter 2020 Programs

736 Cambridge Street/CCP5
Brighton, MA 02135-2907
All programs are free. Call 617-789-2662

St. Elizabeth's will not be holding any support groups from January – March 2020.



[ADDITIONAL ADULT PATIENT/FAMILY SUPPORT PROGRAMS](#)

General Information

- All support groups/programs are free of charge and parking is provided.
- Unless otherwise noted, offerings are primarily focused on adult patients/families at the Dana-Farber Cancer Institute main campus, Longwood Medical Area, and satellites.
- For additional information, including referrals for an oncology social worker, please contact the Social Work main office at the Longwood Campus, 617-632-3301.

[Family Connections Program: For Parents with Cancer](#)

Provides supportive resources to adult patients who are parents, addressing their needs as parents and those of their young, school age, and/or teenaged children. Age-appropriate information is available through various materials, including:

- Parent information binder for adult patients/adults in the family (available in English and Spanish)
- Age-based packs for children/teens of patients
- Grief packets

For more information, please call 617-632-3301 (Social Work main office).

Visit: www.dfci.org/familyconnections.

[One-to-One: Connecting with Someone Who's Been There](#)

One-to-One is a volunteer support network that offers matches via telephone for current patients, partners, and caregivers who have experienced the complex issues surrounding high-risk cancer, diagnosis and treatment with current patients, partners, and family members. For more information, call 857-215-1417 or visit: www.dfci.org/onetoone.

[Light One Little Candle: Connecting through Reading](#)

New children's books (for children and teens) are available to adult patients who would like to share these books with their children. The books are donated through a partnership with the Light One Little Candle Foundation and the Family Connections program.

These children's books are free and currently available in the **Blum Resource Center** at the Dana-Farber Cancer Institute and, are also available to adult cancer patients at the Brigham and Women's Hospital in the **Kessler Library** in the main lobby of the 75 Francis Street entrance, and with the DFCI social workers at **Dana-Farber Cancer Institute at St. Elizabeth's Medical Center, Dana-Farber/New Hampshire Oncology-Hematology, DFBWCC at Milford Regional Medical Center**, and in the Resource Room at **DFBWCC in clinical affiliation with South Shore Hospital**. For more information, please call the Blum Resource Center at 617-632-5570 or visit www.lightonelittlecandle.org.

Other Program Contacts

- Blum Resource Center, weekdays from 8:30 a.m. – 4:30 p.m., 617-632-5570
- Zakim Center for Integrative Therapies, weekdays, 9:00 a.m. – 5:00 p.m., 617-632-3322
- Survivorship, 617-632-4523
- Visit www.dana-farber.org for more resources and programs