

ADULT SUPPORT VIRTUAL GROUPS/PROGRAMS

Division of Social Work

January 2021

Due to COVID-19, all adult patient/family groups and programs listed below will be held virtually via Zoom or telephone. Patients/families who receive care at any of our DFCI locations across the network are welcome to reach out about any of our groups and programs. For more information or to connect with a social worker at Dana-Farber Cancer Institute, call: 617-632-3301 or visit www.dfci.org/supportgroups.

Please note: Dates below are only listed through January 2021. Another calendar will be circulated next month. Additional meetings will be held in upcoming months.

SUPPORT SERVICE	MEMBERSHIP	FACILITATION	LOCATION, TIME & DATES	CONTACT
BEREAVEMENT SUPPORT GROUP	Six-week group programs and drop-in groups are available for adults whose loved ones were patients of DFCI, or any Dana-Farber affiliated satellite clinics.	Sue Morris Psy.D, Director of Bereavement Services	Call for details.	Please call for details: 617-632-2490
BRAIN TUMOR SUPPORT GROUP	Bringing patients and caregivers together to share experiences, feelings and challenges associated with brain tumors.	Debra LaFrankie, RN, OCN Ben Peirce, LCSW	1:30 – 3:00pm • January 25	Contact Ben Peirce to register: 617-632-4236 Benjamin_Peirce@DFCI.HARVARD.EDU
CAREGIVER SUPPORT GROUP	Support for spouses, partners or family members of cancer patients.	Tricia Hughes, LICSW Allison Dibiaso, LICSW	<u>Day Group</u> 12:00-1:30 pm • January 7 <u>Evening Group</u> 6:00-7:30pm • January 19	Contact Tricia Hughes to register: 617-582-8491 Tricia_Hughes@DFCI.HARVARD.EDU
CANCER CARE MANAGEMENT 101	In this six-week skills-based course, you will learn to: <ul style="list-style-type: none"> • Restore a sense of balance, connection and calm • Develop clear and concise questions for your oncology team • Utilize quick, easy and portable relaxation techniques 	Suzanne Welsh Lobacki, LICSW	*This group is not running in January. Call for details about the March group.	Contact Suzanne Welsh Lobacki to register: 617-632-6849 Suzanne_WelshLobacki@DFCI.HARVARD.EDU

SUPPORT SERVICE	MEMBERSHIP	FACILITATION	LOCATION, TIME & DATES	CONTACT
<p>CIRCLE OF LIFE (CÍRCULO DE VIDA): SUPPORT GROUP IN SPANISH FOR WOMEN WITH CANCER</p>	<p>Support for Spanish-speaking patients with all cancer diagnoses. Women only.</p>	<p>Rachel Allende, LICSW</p>	<p>10:00 – 11:30am</p> <ul style="list-style-type: none"> • January 12 • January 26 	<p>Contact Rachel Allende to register: 617-582-7339 Rachel_Allende@dfci.harvard.edu</p>
<p>REST AND RESILIENCE: A PATIENT SUPPORT GROUP FOR THOSE WHO IDENTIFY AS BLACK, INDIGENOUS, OR AS A PERSON OF COLOR</p>	<p>A monthly support group for cancer patients and those with non-malignant hematologic disorders who identify as Black, Indigenous, or as a Person of Color.</p>	<p>Natalie Alas, LICSW Ana Maria De La Rosa, MA</p>	<p>6:00 – 7:00 pm</p> <ul style="list-style-type: none"> • January 21 	<p>Contact Natalie Alas to register: 857-215-7204 NatalieS_Alas@DFCI.HARVARD.EDU</p>
<p>FACING FORWARD AFTER BREAST CANCER TREATMENT</p>	<p>This 6-session series is for women who have recently completed or are about to complete treatment for breast cancer. A different topic/speaker will be highlighted at each session.</p>	<p>Ashley Boyd Fermin, LICSW</p>	<p>*This group is not running in January. Call for details about future groups.</p>	<p>Contact Ashley Boyd Fermin to register: 617-632-6859 Ashley_BoydFermin@DFCI.HARVARD.EDU</p>
<p>FINDING OUR WAY: A SUPPORT GROUP PROMOTING MINDFUL SKILLS FOR ANXIOUS TIMES</p>	<p>A four-session group teaching skills addressing the uncertainties of this challenging time. Open to any Dana-Farber patients.</p>	<p>Michelle Jacobo, PhD Tricia Hughes, LICSW</p>	<p>Call for details.</p>	<p>Contact Tricia Hughes to register: 617-582-8491 Tricia_Hughes@DFCI.HARVARD.EDU</p>
<p>GYNECOLOGIC CANCER SUPPORT GROUP</p>	<p>An open support group for patients who have been diagnosed with gynecologic cancer.</p>	<p>Bobbi Allison, LICSW</p>	<p>5:00 – 6:30 pm</p> <ul style="list-style-type: none"> • January 11 	<p>Contact Bobbi Allison to register: 617-632-3682 Roberta_Allison@DFCI.HARVARD.EDU</p>

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INFLAMMATORY BREAST CANCER SUPPORT GROUP	The IBC support group will be run with a psychoeducation focus; each session will feature a DFCI clinician who will speak about IBC in a supportive setting with open discussion.	Julie Salinger, LICSW	1:30 pm – 2:30 pm • January 13	Contact Julie Salinger to register: 617-582-8081 julieL_salinger@dfci.harvard.edu
KIDNEY CANCER SUPPORT GROUP	Kidney cancer patients in active treatment or those who have recently completed treatment.	Angelee Russ-Carbin, LICSW	1:00 pm – 2:00 pm • January 14	Contact Angelee Russ-Carbin to register: 617-632-3862 Angelee_RussCarbin@dfci.harvard.edu
LYMPHOMA/CLL SUPPORT GROUP	A group for patients diagnosed with lymphoma or CLL. This is a chance to meet others, share experiences, comfort and support.	Kelly Giles, LICSW	12:00 – 1:00pm • January 27	Contact Kelly Giles to register: 617-632-5963 Kelly_Giles@DFCI.HARVARD.EDU
MELANOMA SUPPORT GROUP	Support group for patients in active treatment for melanoma.	Allison Dibiaso, LICSW	5:30 – 7:00 pm • January 20	Contact Allison Dibiaso to register: 617-632-5163 AllisonM_Dibiaso@DFCI.HARVARD.EDU
MEN OVER 50 PROSTATE CANCER SUPPORT GROUP	This is a patient-only support group for men over 50 in treatment for prostate cancer.	Bruce MacDonald, LICSW	5:30 – 7:00 pm • January 12 • January 26	Email Bruce MacDonald to register: Bruce_MacDonald@dfci.harvard.edu

SUPPORT SERVICE	Membership	FACILITATION	LOCATION, TIME & DATES	CONTACT
MULTIPLE MYELOMA EDUCATION AND DISCUSSION GROUP	Separate patient and caregiver discussion groups	Larisa Patacchiola, LICSW Christina Palis, LCSW	5:30-7:30 pm • January 13	Contact Christina Palis to register: 617-582-7284 Christina_Palis@DFCI.HARVARD.EDU
NEUROENDOCRINE & CARCINOID SEMINAR/SUPPORT GROUP SERIES	2-part session offering a support group for patients and families, followed by an informational session	Jane Bausch, LICSW	12:00-2:00pm • January 19	Contact Jane Bausch to register: 617-632-3309 Jane_Bausch@dfci.harvard.edu
ONE YEAR POST-BONE MARROW TRANSPLANT SUPPORT GROUP	A monthly support and education group for DFCI patients who have completed their one-year recovery from bone marrow transplant.	Holly Barron, LICSW Jen Brock, RN, BSN, OCN	5:00-6:30pm • January 13	Contact Holly Barron to register: 617-632-4353
PROSTATE CANCER SUPPORT GROUP	The Prostate Health Education Network focuses on the needs of Black men diagnosed with prostate cancer.	Thomas Farrington Jacques Carter, MD	*This group is not running in January. Call for details about future groups.	Contact Kristin Hughes to register: 617-632-4433 Kristin_Hughes@DFCI.HARVARD.EDU
SARCOMA SUPPORT GROUP	This monthly group for Sarcoma patients provides an opportunity for support and connection through sharing feelings, experiences and challenges with the goal of decreasing isolation and building resiliency.	Bobbi Allison, LICSW	12:00-1:30pm • January 25	Contact Bobbi Allison to register: 617-632-3682 Roberta_Allison@DFCI.HARVARD.EDU

SUPPORT SERVICE	Membership	FACILITATION	LOCATION, TIME & DATES	CONTACT
STAGE IV BREAST CANCER SUPPORT GROUP	An opportunity for those with stage IV (metastatic) breast cancer to share emotional support.	Liz Farrell, LICSW Fremonta Meyer, MD	1:00- 2:30 pm • January 19 • January 26	Contact Liz Farrell to register: 617-632-5606 ElizabethE_Farrell @DFCI.HARVARD. EDU
THYROID CANCER CENTER EDUCATION AND SUPPORT GROUP	A quarterly series devoted to patients and families affected by Thyroid cancer. A 2-part session offering an informational presentation follow by discussion to share and network with others.	Irene Goss- Werner, LICSW Tura Coombs, BSN, RN	5:00- 6:30 pm • January 13	Contact Irene Goss-Werner to register: 617-632-5836 Irene_Goss- Werner@dfci.harv ard.edu
TOP TALKS (THORACIC ONCOLOGY PROGRAM)	Presentations from professionals in the DFCI community followed by an opportunity for thoracic oncology patients to connect and learn from each other.	Suzanne Welsh Lobacki, LICSW Sydney Appelbaum, LCSW	2:15 – 3:45 pm • January 14 • January 28	Contact Sydney Appelbaum to register: 617-582- 8772 Sydney_Appelbau m@DFCI.HARVAR D.EDU
YOUNG ADULT SUPPORT GROUP	This group is open to patients in their 20's and 30's who are in treatment or recently out of treatment. The group meets only when 5 or more people commit to attend. A reminder email is sent a couple days before the group meeting date.	Molly Williamson, LICSW Sarah Gatti, LICSW	5:30 –7:00pm • January 7 • January 21	Email yap@dfci.harvard.edu to register.
YOUNG WOMEN WITH BREAST CANCER SUPPORT GROUP	This group is facilitated in the spring and fall. This 6-week group gives young patients and survivors an opportunity to discuss relevant topics. This group is best suited to women who were diagnosed with early-stage (0-III) breast cancer before age 45 and are within 12 months of the diagnosis	Megan Donovan, LCSW	Email for details.	If you are interested in the Spring group, please email: youngandstrong@ partners.org
WALDENSTRÖM'S MACROGLOBULINEMIA PEER SUPPORT FORUM	Open to all WM patients and families in New England regardless of where treatment is received.	Eileen Sullivan Christopher Patterson	Email for details.	Please email Christopher Patterson to register: Christopher_patte rson@dfci.harvar d.edu

DANA-FARBER/BRIGHAM AND WOMEN'S



at

Milford Regional Medical Center

Milford, MA Support Groups
20 Prospect Street, Milford, MA 01757
All Programs are FREE

PROGRAM	DATE & TIME	DESCRIPTION
Coping with Cancer Support Group	Second Tuesday of every month 4:30 – 5:30 pm <ul style="list-style-type: none">January 12	A support group for men and women living with cancer. Discuss ways to cope with fear and anxiety and share hope and meaning with others facing similar challenges. Call Mellissa Rearick, LICSW, to register and/or for more information at 508-488-3783. Family members are welcome.
Breast Cancer Support Group	Second Wednesday of every month 4:30 – 5:30 pm <ul style="list-style-type: none">January 13	An opportunity for women who would like to meet with others to explore ways to cope with their diagnosis and its effect on their lives through education and support. Facilitated by Mellissa Rearick, LICSW, and MaryBeth Proulx, RN. Call Mary Beth Proulx to register at 508-488-3725.

Londonderry, NH
40 Buttrick Rd., Londonderry, NH
All Programs are FREE

PROGRAM	DATE & TIME	DESCRIPTION
<p>Living with Advanced Cancer after the Holidays</p>	<p>Third Thursday of every month 12:00 pm – 1:00 pm</p> <ul style="list-style-type: none"> • January 21 	<p>A support group for people who have cancer as well as their families and caregivers. Come talk with others who are faced with the same challenges.</p> <p>For more information, call Erin Solomon, LICSW: 603-552-9119</p>



DANA-FARBER/BRIGHAM AND WOMEN'S CANCER CENTER

in clinical affiliation with South Shore Hospital

South Shore Hospital, Weymouth, MA

101 Columbian St., South Weymouth, MA 02190

All programs are free.

Free parking available in adjacent garage.

PROGRAM	DATE & TIME	DESCRIPTION
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South Shore Hospital will not be holding any support groups during January 2021



St. Elizabeth's Medical Center

736 Cambridge Street/CCP5

Brighton, MA 02135-2907

All programs are free. Call 617-789-2662

St. Elizabeth's will not be holding any support groups during January 2021.



Dana-Farber
Cancer Institute

**Dana-Farber Cancer Institute -
Merrimack Valley**

5 Branch Street

Methuen, MA 01844

All programs are free. Call 978-620-2020

Merrimack Valley will not be holding any support groups during January 2021.

[ADDITIONAL ADULT PATIENT/FAMILY SUPPORT PROGRAMS DURING COVID-19](#)

[For More Information about patient and family resources during COVID-19, please visit:](#)

<https://www.dana-farber.org/covid-19-facts-and-resources/covid-19-information-for-our-patients>

[Family Connections Program: For Parents with Cancer](#)

Provides supportive resources to adult patients who are parents, addressing their needs as parents and those of their young, school age, and/or teenaged children. Age-appropriate information is available through various materials, including:

- Parent information binder for adult patients/adults in the family (available in English and Spanish)
- Age-based packs for children/teens of patients **(not available during COVID-19)**
- Grief information

For more information, please call 617-632-3301 (Social Work main office).

Visit: www.dfci.org/familyconnections.

[One-to-One: Connecting with Someone Who's Been There](#)

One-to-One is a volunteer support network that offers matches via telephone for current patients, partners, and caregivers who have experienced the complex issues surrounding high-risk cancer, diagnosis and treatment with current patients, partners, and family members. For more information, call 857-215-1417 or visit: www.dfci.org/onetoone.

[SoulMates](#)

For individuals facing a breast cancer diagnosis, connecting to someone with a similar experience can be a great source of comfort. Our SoulMates program matches breast cancer patients at Dana-Farber with volunteers who have been through a similar journey. SoulMates participants can benefit from the insight of a peer mentor who is trained in topics such as listening, problem solving, and confidentiality. These volunteers offer emotional support, practical coping tips, and more. They guide patients to Dana-Farber programs and community resources. Most importantly, they help relieve fears and concerns because they understand what it's like to face cancer. This program is currently open to women and men of all ages with breast cancer who are receiving their treatment at Dana-Farber. Volunteers must be out of treatment for at least one year. For more information, call Katie Infantine at 617-237-0498