



ADULT SUPPORT VIRTUAL GROUPS/PROGRAMS
Division of Social Work
November 2021

Due to COVID-19, all adult patient/family groups and programs listed below will be held virtually via Zoom or telephone. Patients/families who receive care at any of our DFCI locations across the network are welcome to reach out about any of our groups and programs. For more information or to connect with a social worker at Dana-Farber Cancer Institute, call: 617-632-3301 or visit www.dfci.org/supportgroups.

If you are not a Dana-Farber patient and are interested in attending a Dana-Farber support group, please call 617-632-3301.

Please note: Dates below are only listed through November 2021. Another calendar will be circulated next month. Additional meetings will be held in upcoming months.

Support Service	Membership	Facilitation	Time & dates	Contact
Bereavement Support Group	Six-week group programs and drop-in groups are available for adults whose loved ones were patients of DFCI, or any Dana-Farber affiliated satellite clinics.	Sue Morris Psy.D, Director of Bereavement Services	Call for details.	Please call for details: 617-632-2490
BIPOC Support Group: Rest and Resilience, A patient support group for those who identify as Black, Indigenous, or as a person of color	A monthly support group for cancer patients and those with non-malignant hematologic disorders who identify as Black, Indigenous, or as a person of color.	Natalie Alas, LICSW Ana Maria De La Rosa, MA	6:00 – 7:00 pm November 18	Contact Natalie Alas to register: 857-215-7204 NatalieS_Alas@dfci.harvard.edu
Brain Tumor Support Group	Bringing patients and caregivers together to share experiences, feelings and challenges associated with brain tumors.	Debra LaFrankie, RN, OCN Ben Peirce, LCSW	1:30 – 3:00pm November 22	Contact Ben Peirce to register: 617-632-4236 Benjamin_Peirce@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
<p>Caregiver Support Group</p>	<p>Support for spouses, partners or family members of cancer patients.</p>	<p>Tricia Hughes, LICSW Allison Dibiaso, LICSW</p>	<p>Day Group 12:00-1:00 pm November 4 Evening Group 6:00-7:00pm November 16</p>	<p>Contact Tricia Hughes to register: 617-582-8491 Tricia_Hughes@dfci.harvard.edu</p>
<p>Circle of Life (Círculo de Vida): Support Group in Spanish for Women with Cancer</p>	<p>Support for Spanish-speaking patients with all cancer diagnoses. Women only.</p>	<p>Rachel Allende, LICSW</p>	<p>10:00 – 11:30am November 9 November 23</p>	<p>Contact Rachel Allende to register: 617-582-7339 Rachel_Allende@dfci.harvard.edu</p>
<p>EGFR Lung Cancer Support Group</p>	<p>In this 4-week course, you are invited to join other people living with EGFR mutant lung cancer to learn evidenced-based coping tools, share resources and connect with one another.</p>	<p>Suzanne Welsh Lobacki, LICSW Michelle Jacobo, PhD</p>	<p>12:30 – 2:00 pm October 12 October 19 October 26 November 2 November 16 Seminar: Joys and Challenges of the Holiday Season in the Midst of EGFR Treatment</p>	<p>Contact Suzanne Welsh Lobacki to register: 617-632-6849 Suzanne_WelshLobacki@dfci.harvard.edu</p>
<p>Facing Forward after Breast Cancer Treatment</p>	<p>This 6-session series is for patients who have recently completed or are about to complete treatment for breast cancer. A different topic/ speaker will be highlighted at each session.</p>	<p>Cristina Turner, LICSW</p>	<p>Enrollment is currently closed, call or email for details for spring waitlist.</p>	<p>Cristina Turner to register: 617-485-5682 Cristina_Turner@dfci.harvard.edu</p>

Support Service	Membership	Facilitation	Time & dates	Contact
Finding Our Way: A support group promoting mindful skills for anxious times	A group that teaches skills addressing the uncertainties of this challenging time. Open to Dana-Farber patients across all cancer diagnoses	Michelle Jacobo, PhD Tricia Hughes, LICSW	Call for details.	Contact Tricia Hughes to register: 617-582-8491 Tricia_Hughes@dfci.harvard.edu
Gynecologic Cancer Support Group	An open support group for patients who have been diagnosed with gynecologic cancer.	Bebe Nixon, LICSW	5:00 – 6:30 pm November 15	Contact Bebe Nixon to register: 617-582-7578 Bebe_Nixon@dfci.harvard.edu
Inflammatory Breast Cancer Support Group	The IBC support group has a psychoeducational focus; each session will feature a DFCI clinician who will speak about IBC in a supportive setting with open discussion.	Julie Salinger, LICSW	10:00 am – 11:00 am November 18	Contact Julie Salinger to register: 617-582-8081 julieL_salinger@dfci.harvard.edu
Kidney cancer Support Group	A support group for Kidney cancer patients in active treatment or those who have recently completed treatment.	Larisa Patacchiola, LICSW	11:00 am – 12:00 pm November 18	Contact Larisa Patacchiola to register: 617-582-7576 Larisa_Patacchiola@dfci.harvard.edu
Lymphoma/CLL Support Group	A group for patients diagnosed with lymphoma or CLL. This is a chance to meet others, share experiences, comfort and support.	Christina Palis, LICSW	12:00 – 1:00pm November 17	Contact Christina Palis to register: 617-582-7284 Christina_Palis@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
Melanoma Support Group	Support group for patients in active treatment for melanoma.	Allison Dibiaso, LICSW	5:30 – 7:00 pm November 24	Contact Allison Dibiaso to register: 617-632-5163 AllisonM_Dibiaso@dfci.harvard.edu
Men over 50 Prostate Cancer Support Group	This is a patient-only support group for men over 50 in treatment for prostate cancer.	Bruce MacDonald, LICSW	5:30 – 7:00 pm November 2 November 16 November 30	Email Bruce MacDonald to register: Bruce_MacDonald@dfci.harvard.edu
Multiple Myeloma Education and Discussion Group	A two-part session: an educational presentation followed by a joint patient and caregiver discussion group.	Christina Palis, LICSW	5:30 - 7:00 pm November 10	Contact Christina Palis to register: 617-582-7284 christina_palis@dfci.harvard.edu
Neuroendocrine & Carcinoid Seminar/Support Group Series	2-part session offering an informational session followed by a support group for patients and families.	Jane Bausch, LICSW	12:00 pm – 2:00 pm November 16	Contact Jane Bausch to register: 617-632-3309 Jane_Bausch@dfci.harvard.edu
One Year Post-Bone Marrow Transplant Support Group	A monthly support and education group for DFCI patients who have completed their one-year recovery from bone marrow transplant.	Kristy Katsetos, LICSW Jen Brock, RN, BSN, OCN	5:00 - 6:30pm November 10	Contact Kristy Katsetos to register: 617-582-8604 KristyA_Katsetos@dfci.harvard.edu

Support Service	Membership	Facilitation	Time & dates	Contact
<p>Prostate Cancer Support Group</p>	<p>The Prostate Health Education Network focuses on the needs of Black men diagnosed with prostate cancer.</p>	<p>Thomas Farrington Jacques Carter, MD</p>	<p>*This group is not running in November. Call for details about future groups.</p>	<p>Contact Kristin Hughes to register: 617-632-4433 Kristin_Hughes@dfci.harvard.edu</p>
<p>Sarcoma Support Group</p>	<p>This monthly group for Sarcoma patients provides an opportunity for support and connection through sharing feelings, experiences and challenges with the goal of decreasing isolation and building resiliency.</p>	<p>Bobbi Allison, LICSW</p>	<p>12:00 - 1:30 pm November 22</p>	<p>Contact Bobbi Allison to register: 617-632-3682 Roberta_Allison@dfci.harvard.edu</p>
<p>Stage IV Breast Cancer Support Group</p>	<p>An opportunity for those with stage IV (metastatic) breast cancer to share emotional support.</p>	<p>Liz Farrell, LICSW Fremonta Meyer, MD</p>	<p>1:00 - 2:30 pm November 16 November 23</p>	<p>*Waitlist in place. Contact Liz Farrell to register: 617-632-5606 ElizabethE_Farrell@dfci.harvard.edu</p>
<p>Thyroid Cancer Center Education and Support Group</p>	<p>A quarterly series devoted to patients and families affected by Thyroid cancer. A 2-part session offering an informational presentation followed by discussion to share and network with others.</p>	<p>Irene Goss-Werner, LICSW Tura Coombs, BSN, RN</p>	<p>*This group is not running in November. Call for details about future groups.</p>	<p>Contact Irene Goss-Werner to register: 617-632-5836 Irene_Goss-Werner@dfci.harvard.edu</p>
<p>TOP Talks (Thoracic Oncology Program)</p>	<p>Presentations from professionals in the DFCI community followed by an opportunity for thoracic oncology patients to connect and learn from each other.</p>	<p>Sydney Appelbaum, LCSW</p>	<p>2:15 - 3:45 pm November 11</p>	<p>Contact Sydney Appelbaum to register: 617-582-8772 Sydney_Appelbaum@dfci.harvard.edu</p>

Support Service	Membership	Facilitation	Time & dates	Contact
YOCCC Caregiver Support Group	A support group for adult caregivers of patients with young onset colorectal cancer (diagnosed under age 50).	Kalen Fletcher, LICSW	5:00 – 6:30 pm November 3	Contact Kalen Fletcher to register: 617-632-5605 Kalen_Fletcher@dfci.harvard.edu
YOCCC Stage IV Lunch Break Group	Connect with others treated for stage IV colorectal cancer (diagnosed under age 50). This will be an informal space where you can talk with people who get it.	Kalen Fletcher, LICSW	12:00 pm – 1:00 pm November 10	Contact Kalen Fletcher to register: 617-632-5605 Kalen_Fletcher@dfci.harvard.edu
YOCCC Survivorship and Early-stage Group	Connect with others treated for early stage (I, II and III) colorectal cancer and those who have recently completed treatment (diagnosed under age 50). This will be an informal space to talk with people who get it.	Kalen Fletcher, LICSW	5:00pm – 6:00 pm November 10	Contact Kalen Fletcher to register: 617-632-5605 Kalen_Fletcher@dfci.harvard.edu
Young Adult Breast Cancer Support Group	This group is facilitated in the spring and fall. This 6-week group gives young patients and survivors an opportunity to discuss relevant topics. This group is best suited for those who were diagnosed with early-stage (0-III) breast cancer before age 45 and are within 12 months of the diagnosis	Megan Donovan, LCSW	Email for details.	There is a waitlist in place for the fall group, registration will close November 2. please email: youngandstrong@partners.org
Young Adult Support Group	This group is open to young adult patients in their 20's and 30's who are in treatment or recently out of treatment. The group meets only when 5 or more people commit to attend. A reminder email is sent prior to the group meeting date.	Sarah Gatti, LICSW	5:30 – 7:00pm November 2 November 16	Email yap@dfci.harvard.edu to register.

<p>Waldenström's Macroglobulinemia Peer Support Forum</p>	<p>Open to all WM patients and families in New England regardless of where treatment is received.</p>	<p>Eileen Sullivan Christopher Patterson</p>	<p>Email for details.</p>	<p>Please email Christopher Patterson to register: Christopher_patterson@dfci.harvard.edu</p>
<p>When Caregiving is New Support Group</p>	<p>A drop-in support group for new caregivers of adult cancer patients (spouses, partners, or family members who have assumed a caregiving role within the past year). Share experiences, offer support, consider recommendations, and brainstorm about challenges.</p>	<p>Tricia Hughes, LICSW Paige Malinowski</p>	<p>12:00 -1:00 pm November 11</p>	<p>Contact Tricia Hughes to register: 617-582-8491 Tricia_Hughes@dfci.harvard.edu</p>



BRIGHAM AND
WOMEN'S HOSPITAL

DANA-FARBER/BRIGHAM AND WOMEN'S CANCER CENTER
at Milford Regional Medical Center

**Milford, MA Support
Groups**
20 Prospect Street, Milford, MA
01757
All Programs are FREE

PROGRAM	DATE & TIME	DESCRIPTION
Coping with Cancer Support Group	Second Tuesday of every month 4:30 – 5:30 pm <ul style="list-style-type: none"> • November 9 	A support group for men and women living with cancer. Discuss ways to cope with fear and anxiety and share hope and meaning with others facing similar challenges. Call Mellissa Rearick, LICSW, to register and/or for more information at 508-488-3783. Family members are welcome.
Breast Cancer Support Group	Second Wednesday of every month 4:30 – 5:30 pm <ul style="list-style-type: none"> • November 10 	An opportunity for women who would like to meet with others to explore ways to cope with their diagnosis and its effect on their lives through education and support. Facilitated by Mellissa Rearick, LICSW, and MaryBeth Proulx, RN. Call Mary Beth Proulx to register at 508-488-3725.



Dana-Farber
Cancer Institute



Londonderry, NH
40 Buttrick Rd., Londonderry, NH
All Programs are FREE

Dana-Farber/New Hampshire Oncology-Hematology

PROGRAM	DATE & TIME	DESCRIPTION
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Londonderry will not be holding any support groups during November 2021.

**DF/BWCC at South Shore Hospital,
Weymouth, MA**

101 Columbian St., South Weymouth, MA 02190
All programs are free.

PROGRAM	DATE & TIME	DESCRIPTION
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**DF/BWCC at South Shore Hospital will not be holding any support groups during
November 2021.**



Dana-Farber
Cancer Institute

at St. Elizabeth's Medical Center

DFCI at St. Elizabeth's Medical Center

736 Cambridge Street/CCP5

Brighton, MA 02135-2907

All programs are free. Call 617-789-2662

PROGRAM	DATE & TIME	DESCRIPTION
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DFCI at St. Elizabeth's will not be holding any support groups during November 2021.



Dana-Farber
Cancer Institute

**Dana-Farber Cancer Institute -
Merrimack Valley**

5 Branch Street

Methuen, MA 01844

All programs are free. Call 978-620-2020

PROGRAM	DATE & TIME	DESCRIPTION
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Merrimack Valley will not be holding any support groups during November 2021.

[ADDITIONAL ADULT PATIENT/FAMILY SUPPORT PROGRAMS DURING COVID-19](#)

[For More Information about patient and family resources during COVID-19, please visit:](#)

<https://www.dana-farber.org/covid-19-facts-and-resources/covid-19-information-for-our-patients>

[Family Connections Program: For Parents with Cancer](#)

Provides supportive resources to adult patients who are parents, addressing their needs as parents and those of their young, school age, and/or teenaged children. Age-appropriate information is available through various materials, including:

- Parent information binder for adult patients/adults in the family (digital version available in English and Spanish)
- Age-based packs for children/teens of patients **(not available during COVID-19)**
- Grief information

For more information, please call 617-632-3301 (Social Work main office).

Visit: www.dfci.org/familyconnections.

[One-to-One: Connecting with Someone Who's Been There](#)

One-to-One is a volunteer support network that offers matches via telephone for current patients, partners, and caregivers who have experienced the complex issues surrounding high-risk cancer, diagnosis and treatment with current patients, partners, and family members. For more information, call 857-215-1417 or visit: www.dfci.org/onetoone.

[SoulMates](#)

For individuals facing a breast cancer diagnosis, connecting to someone with a similar experience can be a great source of comfort. Our SoulMates program matches breast cancer patients at Dana-Farber with volunteers who have been through a similar journey. SoulMates participants can benefit from the insight of a peer mentor who is trained in topics such as listening, problem solving, and confidentiality. These volunteers offer emotional support, practical coping tips, and more. They guide patients to Dana-Farber programs and community resources. Most importantly, they help relieve fears and concerns because they understand what it's like to face cancer. This program is currently open to women of all ages with breast cancer who are receiving their treatment at Dana-Farber. Volunteers must be out of active treatment for at least two years. For more information, call Katie Infantine at 617-237-0498.