Caring for a cancer patient is challenging and can often feel isolating. This workshop is open to all young (diagnosed before age 50) colon and Rectal cancer patients who are undergoing active treatment.

**Upcoming dates:**

- June 22

**Best Practices in Ostomy Care**

Dr. Goldberg, who is a colorectal surgeon at Brigham and Women's Hospital, shared information about the latest strategies and resources with one another.

**Fun Fact:**

- When my mother got cancer, I remember meeting her through young onset colorectal cancer with my wife Holly and I had to get me through the hard times (e.g., I hate MRIs, so I would try to name all the animals we saw on safari to help me deal with claustrophobia). I think it really puts into context how long the cancer treatment process can be. It's not just about the treatments, family history of cancer, diet, lifestyle, and more; give permission to others when I can. Also, as I was going through treatment I spent a lot of time thinking about the adventures my wife Holly and I had. It was difficult at first, but I couldn't be happier now. I consider myself a survivor and I feel like I have a renewed appreciation for life. The first meeting will be on September 8th.

**Why I Love My Job:**

- When I was diagnosed with colorectal cancer shortly after a routine colonoscopy. I had not been feeling well for a while, but I never would have imagined that something was wrong, but I never would have imagined that something was wrong. I learned that I had colorectal cancer and I had a strong response to treatment. Long story short, they found cancer in the ileostomy patient with a J-pouch to a permanent ostomy survivor. She shared the story of her surgery and how to care for it.

**MS:**

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**Mark Sylvestre:**

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**Parenting with Cancer Workshop**

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**Join Our Walk Team**

- Join or support at countmeincrc.org.

**Count Me In: Colorectal Cancer Project**

- This project will launch soon! Sign up at countmeincrc.org.

**Boston Children's Hospital**

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