

Cancer Medicine Diary

Take one dose, twice a day by mouth.

- Fill in the blanks at the top of the diary.
- Review how to use the diary with your cancer care team.
- Your cancer care team will tell you about all special instructions like:
 - Take with food or on an empty stomach.
 - Store the medicine in a safe place away from children and pets.

The day you take the medicine

- Keep this diary in a place you will remember to complete each day.
- Fill in the **date and time** each time you take a dose.
- Write in any **side effect** you have while taking the cancer medicine.
- If you feel well, include this information too.
- Bring the diary with you to all your Dana-Farber appointments.

Contact your cancer care team if you have any questions about your cancer medicine or how to use the diary.

How to contact your cancer team:

Longwood and Chestnut Hill:

- 617-632-3000 during business hours.
- after 5pm, call the page operator at 617- 623- 3352 to page your doctor

Other Location: _____

After business hours: _____ you can page your doctor using the numbers above.

One Cancer Medicine Twice a Day

Medicine: _____ Start date: _____

How much: _____ pill(s) a day (total _____ mg. a day)

When: AM _____ PM _____

Cancer care team phone number: _____

Special Instructions: _____

Day	Date	Time: AM	Dose	Time: PM	Dose	Symptoms
Example: Day 1	1/2/22	9:30 AM	1 pill	5:30 PM	1 pill	Upset stomach one hour after pm dose
1		AM		PM		
2		AM		PM		
3		AM		PM		
4		AM		PM		
5		AM		PM		
6		AM		PM		
7		AM		PM		
8		AM		PM		
9		AM		PM		
10		AM		PM		
11		AM		PM		
12		AM		PM		
13		AM		PM		
14		AM		PM		
15		AM		PM		

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<i>Example: Day 1</i>	<i>1/2/22</i>	<i>9:30 AM</i>	<i>1 pill</i>	<i>5:30 PM</i>	<i>1 pill</i>	<i>Upset stomach one hour after pm dose</i>
16		AM		PM		
17		AM		PM		
18		AM		PM		
19		AM		PM		
20		AM		PM		
21		AM		PM		
22		AM		PM		
23		AM		PM		
24		AM		PM		
25		AM		PM		
26		AM		PM		
27		AM		PM		
28		AM		PM		

The instructions in this teaching sheet are for informational purposes only. The content is not intended as a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your doctor or other qualified health provider with any questions regarding your medical condition. If you experience any significant change in your health during or after treatment, contact a member of your cancer care team right away.